

Notalgia PM

Composition

Methylcobalamin (1500mcg) + Pregabalin (75mg) Sustained Release

STORAGE

Store below 30°C

PRODUCT INTRODUCTION

NOTALGIA PM Tablet SR is a prescription medicine used for the treatment of neuropathic pain. It decreases pain by modulating calcium channel activity of the nerve cells. This medicine also protects nerve fibers and heal damaged nerve cells.

NOTALGIA PM Tablet SR is taken by mouth with or without food, preferably at bedtime. It is advised to take it at the same time each day as this helps to maintain a consistent level of medicine in the body. Take this medicine in the dose and duration advised by your doctor as this is a habit-forming medicine. If you miss a dose of this medicine, take it as soon as you remember. Finish the full course of treatment even if you feel better. It is important that this medication is not stopped suddenly without talking to the doctor.

Some common side effects of this medicine include nasopharyngitis, increased appetite, euphoric mood, tremor, blurred vision, dry mouth, dizziness, and sleepiness. Do not drive or do anything that requires mental focus until you know how this medicine affects you. The side effects are mild in nature and get improve with time. This medicine may cause weight gain and to control it, you should exercise regularly and take a balanced diet. It is important to inform your doctor if you develop any unusual changes in mood or behavior, new or worsening depression, or suicidal thoughts.

Your doctor should also know about all other medicines you are taking as many of these may make this medicine less effective or change the way it works. Inform your doctor if you are pregnant, planning pregnancy, or breastfeeding.

USES OF NOTALGIA PM TABLET

In Treatment of Neuropathic pain

NOTALGIA PM Tablet SR is a combination of medicines used to treat long-lasting (chronic) pain caused by nerve damage due to diabetes, shingles or spinal cord injury. It reduces pain and its associated symptoms such as mood changes, sleep problems, and tiredness. Pregabalin, an active ingredient of this medicine, is thought to work by interfering with pain signals that travel through the damaged nerves and the brain. It also contains nutritional supplements that improve nerve conduction. Taking NOTALGIA PM Tablet SR regularly will improve your physical and social functioning and overall quality of life.

HOW TO USE NOTALGIA PMTABLET

Take this medicine in the dose and duration as advised by your doctor. Swallow it as a whole. Do not chew, crush or break it. NOTALGIA PM Tablet SR may be taken with or without food, but it is better to take it at a fixed time.

HOW NOTALGIA PM TABLET WORKS

NOTALGIA PM Tablet SR is a combination of two medicines: Methylcobalamin and Pregabalin. Methylcobalamin is a form of vitamin B which helps in the production of myelin, a substance that protects nerve fibers and rejuvenates damaged nerve cells. Pregabalin is an alpha 2 delta ligand which decreases the pain by modulating calcium channel activity of the nerve cells. Together, they relieve neuropathic pain (pain from damaged nerves).

WHAT IF YOU FORGET TO TAKE NOTALGIA PM TABLET?

If you miss a dose of NOTALGIA PM Tablet SR, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular schedule. Do not double the dose.

Warnings for special population

Pregnancy

NOTALGIA PM TABLET is not recommended for use in pregnancy as it may harm your fetus. Consult your doctor before taking this medicine.

Breast-feeding

NOTALGIA PM TABLET is not recommended for use in breastfeeding as it may pass into breastmilk and harm your baby. Consult your doctor before taking this medicine.

General warnings

Kidney disease and dialysis

NOTALGIA PM TABLET should be used with extreme caution if you have an impaired kidney function. Your doctor will advise kidney tests while taking this medicine. Appropriate dose adjustments or replacement with a suitable alternative may be required based on your condition and therapeutic response.

Suicidal tendencies

NOTALGIA PM TABLET may cause suicidal ideation (suicidal thoughts). Caution should be maintained while using this medicine if you have any psychological condition. Your doctor may monitor you closely for any mood and behavioural changes. Replacement with a suitable alternative should be considered based on your clinical condition.

Driving or operating machines

NOTALGIA PM TABLET may increase your risk of experiencing drowsiness, dizziness, difficulty in concentrating, etc. Hence, activities that need a high level of mental attention like driving vehicles or operating heavy machines should be avoided.

Withdrawal symptoms

Do not stop using NOTALGIA PM TABLET abruptly. The risk of withdrawal symptoms is significantly high if it is discontinued suddenly. Complete the treatment with this medicine as prescribed by your doctor.

Oedema

NOTALGIA PM TABLET may increase the risk of oedema. Hence, it should be used with caution if you have any condition of fluid retention. Your doctor may adjust the dose of this medicine or prescribe a suitable alternative as needed, based on your clinical condition.

Heart block

NOTALGIA PM TABLET may cause heart rhythm abnormalities which could result in a blockage and associated complications. It should be used with caution if you have any condition related to the heart and blood vessels. Your doctor may adjust the dose of this medicine or prescribe a suitable alternative as needed, based on your clinical condition.

Potential for abuse

NOTALGIA PM TABLET may cause dependence, especially in chronic alcohol users or in people who have used other habit-forming agents in the past. Report the past use of alcohol or other drugs to your doctor before receiving this medicine. Your doctor may consider replacing it with a suitable alternative based on your clinical condition.

Rhabdomyolysis

NOTALGIA PM TABLET has been associated with rare cases of muscle breakdown conditions that affect kidneys. You should report any instance of muscle pain, weakness, the presence of dark reddish colouration of urine, etc., to your doctor on priority. Your doctor may adjust the dose of this medicine or prescribe a suitable alternative as needed, based on your clinical condition.

Use in elderly

NOTALGIA PM TABLET should be used with caution in elderly. Appropriate dose adjustments or replacement with a suitable alternative may be required in elderly people.

Gastrointestinal surgery

NOTALGIA PM TABLET should be used with caution in people who have had recent surgery of the stomach or intestines, as they may have reduced absorption of this medicine.

Use in children

NOTALGIA PM TABLET is not recommended for use in children less than 18 years of age since the safety and effectiveness of this medicine are not studied.